

Curriculum Checklist - BS in Health and Wellness Management

ATHENS STATE UNIVERSITY	COLLEGE OF ARTS & SCIENCES 2008-09 BS Health and Wellness Mgmt 31.0504
	<p>▶ MINIMUM HOURS FOR GRADUATION: 124 SEMESTER HOURS.</p> <p>▶ MUST INCLUDE A MINIMUM OF 60 SEMESTER HOURS OF UPPER LEVEL COLLEGE/UNIVERSITY CREDIT (300/400 LEVEL OR ABOVE)</p> <p>A MINIMUM OF 33 SEMESTER HOURS MUST BE COMPLETED WITH ATHENS STATE UNIVERSITY.</p>

***PLEASE READ NOTES ON BACK OF THIS FORM

1. **APPLICABLE GENERAL UNIVERSITY REQUIREMENTS**See “▶” above and Catalog
2. **GENERAL EDUCATION REQUIREMENTS AND PRE-PROFESSIONAL REQUIREMENTS**
 - I. Written Composition.....6 semester hours
 - II. Humanities & Fine Arts (12 semester hours)
 - The Arts.....3 semester hours
 - Speech (SPH 106 or SPH 107).....3 semester hours
 - Literature*.....3 semester hours _____ or6 semester hours
 - Humanities/Fine Arts Elective3 semester hours
 - III. Natural Sciences & Mathematics (11 semester hours)
 - Finite Math or its equivalent3 semester hours
 - Natural Sciences (lab-based).....8 semester hours
 - IV. History, Social & Behavioral Sciences (12 semester hours)
 - History*.....3 semester hours _____ or6 semester hours
 - General Psychology.....3 semester hours
 - Behavioral Science or Social Science Elective.....3 semester hours

TOTAL GENERAL EDUCATION REQUIREMENTS.....41 semester hours
***Students must complete a 6 semester hours sequence either Area II Literature or Area IV History.**
3. **MAJOR PREREQUISITE COURSES (PRE-PROFESSIONAL):**
 - Foundations of Physical Education or HPE 326 History and Principles
of Physical Education.....3 semester hours
 - Personal or Community Health3 semester hours
 - Safety & First Aid or HPE 323 Aquatics and Advanced Lifesaving.....3 semester hours
 - Anatomy and Physiology.....4 semester hours
 - CIS 146 Microcomputer Applications or CIS 301 Problem Solving with Computers.....3 semester hours
 - Treatment of Athletic Injuries or HPE 333 Care & Prevention of Athletic Injuries.....3 semester hours
 - General Electives.....3 semester hours
 - TOTAL MAJOR PREREQUISITE COURSES.....22 SEMESTER HOURS**
 - TOTAL GENERAL EDUCATION AND PRE-PROFESSIONAL HOURS.....60-64 semester hours**
4. **PROFESSIONAL COURSES:**
 - GS 320/320L or HPE 320 Nutrition.....4 semester hours
 - HPE 325 Kinesiology3 semester hours
 - HPE 327 Physiology of Exercise.....3 semester hours
 - HPE 355 Health Related Fitness and Nutrition.....3 semester hours
 - HPE 356 Health Promotions.....3 semester hours
 - HS 450 Introduction to Epidemiology.....3 semester hours
 - HS 451 Environmental Health and Safety Systems.....3 semester hours
 - MG 349 Human Resources Management.....3 semester hours

PSHA 354 Contemporary Health and Physical Education Activities.....3 semester hours
PSHA 401 Measurement and Evaluation.....3 semester hours
PSHA 447 Public Health Concepts and Systems.....3 semester hours
PSHA 465 Senior Research Project.....4 semester hours

TOTAL PROFESSIONAL HOURS.....38 semester hours

5. GENERAL ELECTIVES.....**26 SEMESTER HOURS**

TOTAL HOURS FOR GRADUATION..... 124-128 SEMESTER HOURS