

ABBREVIATED VITA
of
Wendy L. Cowan

Assistant Professor, Health and Physical Education Department
August 2004 - Present

Education:

Athens State University	B.S. Ed. 1992	Physical Education
Auburn University	M.ED. 1993	Exercise Physiology and Health Promotions
Middle Tennessee	Ph.D. 2005	Health and Human Performance

Current Courses:

HPE 320 - Nutrition
HPE 324 – Analysis of Teaching Team Sports
HPE 355 – Health Related Fitness and Nutrition
HPE 420 – Methods of Teaching High School Health
HPE 430 – Methods of Teaching Elementary Physical Education
HPE 431 – Motor Development
HPE 450 – Introduction to Epidemiology
HPE 465 – Senior Research Project
ED 488 – Supervision of Interns

Previous Employment:

Athens State University, Athens, Alabama
Adjunct Professor
2002-2004

Middle Tennessee State University, Murfreesboro, TN
Graduate Teaching Assistant
2002-2004

Calhoun Community College, Decatur, AL
Adjunct Professor
2003

Alabama A&M University, Huntsville, AL
Adjunct Professor
2003

Decatur City Schools, Decatur, AL
Adaptive Physical Education Instructor
2002-2003

Decatur City Schools, Decatur, AL
Physical Education Instructor and Aide
1994-1996

Contracts and Grants:

Diabetes Awareness Project, Murfreesboro, Tennessee, 2003 (\$5,000)

National Service:

Presentation: Impacting Youth Physical Education Students through a Non-traditional Strength Training Regimen. Poster session. March, 2006, Southern District Association of Health, Physical Education, Recreation, and Dance Conference, Virginia Beach, VA

Presentation: The Impact of Physical Education on Health Risk Factors in African American Adolescents. Poster session. March, 2005, Southern District American Alliance for Health, Physical Education, Recreation and Dance Conference, Little Rock, Arkansas

Presentation: The Effect of Household Income on Body Mass Index in an African American Population. Poster session. March, 2005, Southern District American Alliance for Health, Physical Education, Recreation and Dance Conference, Little Rock, Arkansas

Presentation: The Diabetes Project of Rutherford County. Poster Session, March, 2004, American Alliance for Health, Physical Education, Recreation and Dance National Conference, New Orleans, Louisiana

Presentation: Don't be the April Foods Joke, Be STD Smart! Round-table Discussion, March, 2004, American Alliance for Health, Physical Education, Recreation and Dance National Conference, New Orleans, Louisiana

Presentation: Don't be the April Foods Joke, Be STD Smart! Poster Session, March, 2004, American Alliance for Health, Physical Education, Recreation and Dance National Conference, New Orleans, Louisiana

State Service

Presentation: Elementary Education Curriculum Planning, February, 2006, Madison County School System, Huntsville, AL

Presentation: Creative Dances for Physical Education Part I, November, 2005, Alabama State Association for Health, Physical Education, Recreation and Dance Conference, Birmingham, Alabama

Presentation: Creative Dances for Physical Education Part II, November, 2005, Alabama State Association for Health, Physical Education, Recreation and Dance Conference, Birmingham, Alabama

Presentation: Innovative Teaching in Physical Education. January, 2005, Conducted the Madison County School System In-service for Physical Education Teachers, Riverton Elementary School, New Market, Alabama.

Presentation: The Write Way – Integration and Large Group Activities for the Practitioner. January, 2005, Conducted the Decatur City School System and the Morgan County School System In-service for Physical Education Teachers, Priceville Elementary School, Priceville, Alabama.

Presentation: Dances for Large Classes. November, 2004, Alabama State Association for Health, Physical Education, Recreation and Dance Conference, Birmingham, Alabama

School Committees

College of Education Livetext Coordinator, 2005-present

College of Education NCATE Implementation Team, 2005-present

Physical Education Club Sponsor, 2004- present

Learning Resource Committee, 2005 – present

Curriculum Committee, 2004-2005

Professional Affiliations

Alabama State Association of Health, Physical Education, Recreation, and Dance

American Alliance of Health, Physical Education, Recreation, and Dance

National Association of Sport and Physical Education

Southern District Association of Health, Physical Education, Recreation, and Dance

P-12 Clinical Teaching Experiences

April 2006, Ultimate Dodge Ball, Athens Middle School, Athens, AL; 7 hours

February, 2006 Paper Plate Circle Dance, Athens Middle School, Athens, AL; 7 hours

December, 2005 Christmas Paper Plate Dances and More, Walter Jackson Elementary School, Decatur, AL; 9 hours

November, 2005 New and Innovative Square Dancing, Somerville Road Elementary School, Decatur, AL; 7 hours

November, 2005 The Fundamentals of Football, Athens Middle Schools, Athens, AL; 20 hours