Athens State University is filled with opportunities. From clubs to student activities, our university has much to offer. One accessible opportunity is fully taken advantage of by two particular people. Audrie and Brooke Hamann are majoring in Logistics and Supply Chain Management here at Athens State University. You may have seen these identical twins around campus. They are involved in the Student Government Association and the Athens State Rowing Club.

Back in high school, Audrie and Brooke Hamann were involved in their school’s basketball team. A neighborhood friend, Josh Johnson told the ladies about rowing with the Rocket City summer camps. After one day out on the water, they immediately quit basketball. Rowing was their new found passion.

Audrie and Brooke began rowing for Rocket City Rowing Club. They participate in pair rowing. The type of rowing is sweep not scull. Basically, instead of two oars each, they each have one oar while rowing. After a successful high school career, they graduated. For the next two years, both Audrie and Brooke coached and led summer camps for the Rocket City Rowing Club. Recently, they transitioned to Row Huntsville.

Audrie and Brooke were coached by Irene Fleischman. Fleischman taught and encouraged the rowers. When asked if Audrie and Brooke had ever been given a rowing mantra, Aubrie said, “The group of girls that we started rowing with came up with ‘Strong women.’ So that has been kind of our thing since we started rowing. Strong women.” Brooke replied, “[Our coach] always told us that even on our off days we are rowing for the other person, too. ‘Each stroke is for the other person in the boat.’ She does mess with us, too. She’ll say ‘You have to breathe out to breathe in.’ Silly things like that can lighten the mood. She’s great.” Irene Fleischman has remained the Hamanns’ coach while at Calhoun Community College and Athens State University.

Audrie and Brooke practice for rowing every day. The rowing season is broken up into the fall season, winter training, and spring season. During the winter training the rowers do get out on the water. Instead they train with weights, do cardio exercises, and use an ERG simulator. During the spring season, the rowers will participate in three to four races. One of the races being the National Championship. For any student interest in joining the Athens State University Rowing Club, please contact Brooke Hamann at Bhamann@my.athens.edu.

Audrie and Brooke have the coaching experience with plenty of rowing equipment. All that is needed is rowers.

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**Dr. Culture**

Here, in our North Alabama region, we must recognize that increases in industry bring increases in cross-cultural interaction. Redstone Arsenal and industries such as Toyota have brought not only economic benefit to our region, but also sociocultural diversity. City of Athens Mayor William R. Marks stated that there has been communication between his offices, Athens State University, and citizens of Athens about the importance of Cultural Competency and Diversity.

Dr. Thomas Connell is a member of the National Speakers Association. An internationally renowned expert and speaker on cross-cultural communications, cultural diversity and business communication, Dr. Connell has earned the name “Dr. Culture”. A former military officer, Connell worked with US Special Operations Forces for almost a decade developing and directing the only Cross-Cultural Communications course in the Department of Defense. He has also worked with private companies such as Delta, Boeing, and Hitachi.

Dr. Connell will be speaking to first responders, professionals in emergency services, and law enforcement, 1-3 p.m. on February 22nd. Later that evening, 6-8 p.m. he will speak to teachers and school administrators from the area. Between these career specific lectures, there will be presentations open to the general public.

Mayor Marks, in an interview with the Athenian, stated that bringing in “Dr. Culture” is a part of a pro-active effort to increase education on Cultural Competency and Diversity. The goal of this seminar is to continue an effort to create an open dialogue, to help create a better community.

**Athena’s Web**

Athena’s Web is an academic journal dedicated to publishing outstanding undergraduate work of students in the college of Arts and Sciences. The Journal is currently accepting submissions for the Spring 2016 issue & accepts creative fiction and non-fiction, poetry, and student artwork. Please submit all work via email to athenas.web@athens.edu. For full submission guidelines, visit www.athens.edu/athenas-web-journal. Or, simply scan the code to connect with us on Facebook for fun and inspiring posts... oh, and important updates and information!

**Athens State Alumni Ice Bowl Disc Golf Tourney to Benefit LCCI**

ATHENS, Ala – The Young Alumni Advisory Council at Athens State University will host an Ice Bowl Disc Golf Tournament on Saturday, February 20 at the Athens SportsPlex starting at 9 a.m. All proceeds will be donated to Limestone County Churches Involved (LCCI), a local food pantry feeding the hungry families in Limestone County.

The motto of an Ice Bowl is “no wimps, no whiners” and tournaments can only be cancelled under extreme weather conditions. The entry fee is $25 per person and individuals or businesses can sponsor a hole for $20. Sponsors will receive a custom stamped disc with this year’s Ice Bowl logo.

For pre-registration and additional information visit athens.edu/alumni or interested parties can contact the Office of Alumni Affairs at alumni@athens.edu or 256-233-8185.
Athens State University & the City of Athens
are partnering to present an
Intercultural Seminar

featuring

DR. CULTURE
Dr. Thomas Connell

Monday, February 22 and
Tuesday, February 23, 2016
Sandridge Student Center
Ballroom
Athens State University

All Lectures FREE and Open to the Public

Mon., Feb. 22, 2016 1-3 p.m.
Cultural Competency for First Responders
This 2 hour lecture with Q&A is designed for emergency, police and fire professionals.

Mon., Feb. 22, 2016 9-11 a.m.
Six Simple Steps to Cultural Competency
A general overview of embracing cultural diversity.
This 2 hour lecture with Q&A is for general audiences.

Mon., Feb. 22, 2016 6-8 p.m.
Cultural Competency for Teachers and School Administrators
This 2 hour lecture with Q&A is for design for area teachers and administrators.

For more information on Dr. Culture visit www.drculture.com
For more information about this event contact
Terry Stepp 256-233-8241 or terry.stepp@athens.edu
Certificates of Attendance will be available by request.
The Athenian Players have chosen *Sherlock Holmes*, by William Gillette, as their spring production. The Cast is as follows:

- Bart Hamilton - SHERLOCK HOLMES
- Whitney Thatch - DOCTOR WATSON
- Laura Kee - MADGE LARRABEE
- Gage Craig - JAMES LARRABEE
- Eli Foreman - JOHN FORMAN
- William Scott Tuttle - SIDNEY PRINCE
- Jilya Gossett - TERESE
- JoBeth Workman - ALICE FAULKNER
- Ann Sowby - MRS FAULKNER / MRS SMEEDLEY
- Stephen Sheffield - PROFESSOR MORIA RTY
- Stephanie Cooper - ALFRED BASSICK / SIR EDWARD LEIGHTON
- Trent Thompson - JIM CRAIGIN / COUNT VON STALBURG
- Laura Poe - THOMAS LEARY
- Arsenio Thatch - “LIGHTFOOT” MCTAGUE
- Reshod McDonald - BILLY
- Johnny H. Lawrence - PARSONS

**Performances will be:**

April 14, 15, 16, 17, 21, 22, and the show will close on the 23rd.
Inductees included: Rachel Blackburn, Pamela Guin, Adam Moore, Kaitlyn Nugent, and Taylor Peters.

- The mission of the Athens State University Phi Theta Kappa Alumni Association is to support the people, programs and priorities of the Phi Theta Kappa Society. Alumni have valuable contributions to make to Phi Theta Kappa. Through alumni support, the integrity of the Society’s programs and service will be protected and new programs and services can be developed and offered in the future.

- Advisors, Kimberly Jack, along with Phi Theta Kappa officers and members were in attendance.

Athens State University to Offer Drug and Alcohol Counseling

- Athens, Ala. - Athens State University expands campus community counseling to include education and services on drug and alcohol issues. Two counselors from Quest Prevention Services funded through a grant from the Alabama State Department of Mental Health will be on campus weekly.

- Counselors Michele Moore and Wendy Johnson have worked for the Mental Health Center of North Central Alabama for numerous years as the Prevention Coordinator and the Prevention Specialist, respectively. Through the program they deliver drug and alcohol prevention education to local groups, in one-on-one meetings, and to institutions and organizations in the area.

- "These two counselors are joining with Lisa Philippart, our Counselor-in-Residence, to assist those in need and that is a good thing," said Director of the Career Development Center and Counseling Services, Saralyn Mitchell. "We pride ourselves on supporting our students and this is one way we can assist those who need these types of services."

- The drug and alcohol counseling services will be available to Athens State students, faculty, and staff on Thursdays from 9 a.m. until noon in room S103D of Waters Hall. The counseling office may be reached by calling 256-233-8144.
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February 2016

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